



Hong Kong Ladies Road Runners Club

## 2021 Virtual Celebration of *40<sup>th</sup> Fat Choi Run*



SCROLL DOWN for CHINESE 中文資料向下滑動

Dear Virtual Runners,

All you have to do is:

- 1) Plan an 8km course: **location** of your choice
- 2) Run any time between **12 February and 21<sup>st</sup> February 2021**
- 3) Put on your Year of the Ox Fat Choi T-shirt, and run safely and physically distanced.  
Your T-shirt was mailed by Hong Kong Post on 2<sup>nd</sup> February to the address you provided on your registration.
- 4) After your run, upload your photos to your social media
- 5) Welcome to post ONE favourite photo for HKLRRC Facebook group
- 6) Record, photo and upload your time over the 8km **ONLY if you want a certificate**. There are no prizes this year.
  - Steps to upload your time (you can do this between Feb 12-Feb 22 **only**)

Go to this link:

<https://resultscui.active.com/events/VirtualCelebrationof40thFatChoiRunTest>

Submit your result by entering your registration number (R-XXXXXXXX) and finish time, and uploading proof of completion (e.g. a screenshot of your tracking app or photo of your GPS watch) showing the time and 8km distance

- E-certificates will be emailed to you by 8 March.

Stay Healthy, Stay Safe, Enjoy your Run

Observe physical distance and observe all government pandemic regulations

**Information:** hkladiesroadrunners@gmail.com; virtualfatchoirun@gmail.com

[www.hklrrc.org.hk](http://www.hklrrc.org.hk)

# 香港女子健跑會

## 第四十屆模擬發財跑

致各參與者,

請注意以下事項:-

1. 預設跑道 (自選)。
2. 可在 2 月 12 日至 2 月 21 日期間任何時間進行跑步活動。
3. 進行跑步期間宜穿著牛年紀念T恤，保持社交距離及做足防疫措施。  
紀念T恤已於 2 月 2 日經香港郵政局寄往各下的登記地址。
4. 建議於完成跑步後分享照片至自選社交媒體。
5. 也歡迎大家上載“一張”最喜愛照片至本會 HKLRRC Facebook Group.
6. 如不需要電子證書 請不要上載圖片及時間記錄。本年度活動不設任何獎項。
7. 如欲獲發電子證書, 可於 2 月 12-22 日期間 點擊以下連結 跟隨指示:-

<https://resultscul.active.com/events/VirtualCelebrationof40thFatChoiRunTest> 輸入你的  
參加認證編號 (R-----) 及完成時間, 同時上載活動完成證明 (追蹤應用程式截圖或  
拍下顯示時間及 8km 距離的 GPS 手表版面)

- 電子證書將會在 3 月 8 日前以電郵送出

預祝牛年萬事如意

歡樂跑 健康跑

**\*\* 請務必配合政府呼籲 做足防疫措施及保持社交距離 \*\***

查詢: [hkladiesroadrunners@gmail.com](mailto:hkladiesroadrunners@gmail.com) ; [virtualfatchoirun@gmail.com](mailto:virtualfatchoirun@gmail.com)

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