

Scroll down
for English

Hong Kong Ladies Road Runners Club

第三十八屆 Mizuno 發財跑

早上 8:30 時開跑：山頂

二月七日（年初三）星期四

以下重要事項 請各參賽者留意

1. 號碼布可在以下地點領取及必須出示確認電郵

Tokyo Sports (佐敦) 九龍彌敦道 216-228A 恆豐中心 UG15-17

1月28日(星期一) 12:00-21:00; 1月29日(星期二) 12:00-21:00

或

山頂廣場(近起步點): 2月7日(星期四): 07:30-08:25

2. 請預留時間於柯士甸山道遊樂場（大概往山上行六百米）寄存隨身物品. 由於行李寄存範圍在露天處 請不要帶貴重物品到場 大會不會承擔任何財物損失
3. 大會行李寄存區設在露天處 並不會派發大膠袋 請自備防水裝備 以防天雨
4. 為響應環保 請自備飲用杯/樽. 大會只在終點提供限量紙杯給完成賽事跑手
5. 請時刻留神, 注意路面車輛交通, 務必靠左前行. 賽道並無封路措施

噪音管制指引

請為山頂居民設想 在開跑前後及途中 時刻保持輕鬆開朗心情 平和地完成這新春發財跑

安全指引

1. 請勿於山頂道熱身
2. 請時刻靠左前行
3. 請勿聚成小組
4. 敬請遵守在場警員的指示

祝各位豬年行大運 新春身心健康愉快

38th Mizuno Fat Choi Run

7th February 2019, Sunday: 8:30 am Start at the Peak

Important Reminders to All Runners:

1. Number Bib Pick-up points (must show confirmation email)
Tokyo Sports (Jordan); Shop No. UG15 – 17 Prudential Centre, 216-228A, Nathan Road, Kowloon
28 January (Monday): 12:00 – 21:00; 29 January (Tuesday): 12:00 – 21:00
Or:
Peak Road Garden (near race start): 7 February (Thursday): 07:30-08:25
2. Bag Drop: at Mt Austin Road Playground: 600m up the hill: leave time to drop off your bag.
3. The bag drop area is NOT covered. There will be no supply of plastic bags. Please bring your own waterproof bag in case of rain. Do not put valuables in your bag; we are not responsible for any losses.
4. Please bring your own drinking cup/bottle. There will only be limited paper cups at the finish line.
5. Please run carefully, staying on the left: roads are NOT closed to traffic.

Noise Control Instructions

Please be considerate to residents; keep noise under control before, during and after the race.

SAFETY Instructions

1. Do NOT warm up on Peak Road
2. Please run on the left side of the road and do not cut corners
3. Please do not run bunched together in groups
4. Please follow police guidance/instructions for safety issues

Have a safe, friendly and happy RUN to start the Year of the Pig!